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THE LADIES IN BRADLEY COOPER'S LIFE MEET. PAGE 20

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OUCH!

Vaccinations. While many schools have 100 percent vaccination rates, others have much lower compliance — one has a vaccination rate of just 64.5 percent. PAGE 04

Hypodermic needle and vaccine / ISTOCK

New bill introduced to combat wage gap

PAGE 06

Inside the toxic charm of 'You're the Worst'

PAGE 24

Seahawks and Patriots atop power rankings

PAGE 30

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1 NEWS

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The best of Metro.us

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2 'NYC street closures map: West Indian Day Parade and Carnival 2015'

3 'Voting in Philly is now pointless thanks to new Democratic Party bylaw'

On the go

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Schools with highest, lowest vaccination rates

NYC. Metro examines the NYC schools with the highest and lowest vaccination rates.

A school child receives a shot before the first day of kindergarten. /GETTY IMAGES

New York City kids head back to school Wednesday. But how well is your child protected against infectious diseases such as measles at school?

Records obtained by Metro show New York City schools had a 98 percent overall vaccination rate for the 2014-2015 school year, with 930,153 students vaccinated out of a total of 949,384.

Vaccination rates for the current school year will be available later this fall, said Jason Fink, deputy press secretary for the New York City Department of Education.

Out of the 1,638 schools, 108 had perfect 100 percent vaccination rates.

The NYC Department of Health and Mental Hygiene and Department of Education require all students entering New York City schools and child care have a comprehensive medical exam within one year of entering school, and another when the child is aged 5-6.

Vaccinations are required for all students aged 2 months to 18 years, and could be kept out of school if they do not meet the requirements.

New students can start school or child care on a provisional basis if they provide documentation of their initial series of shots.

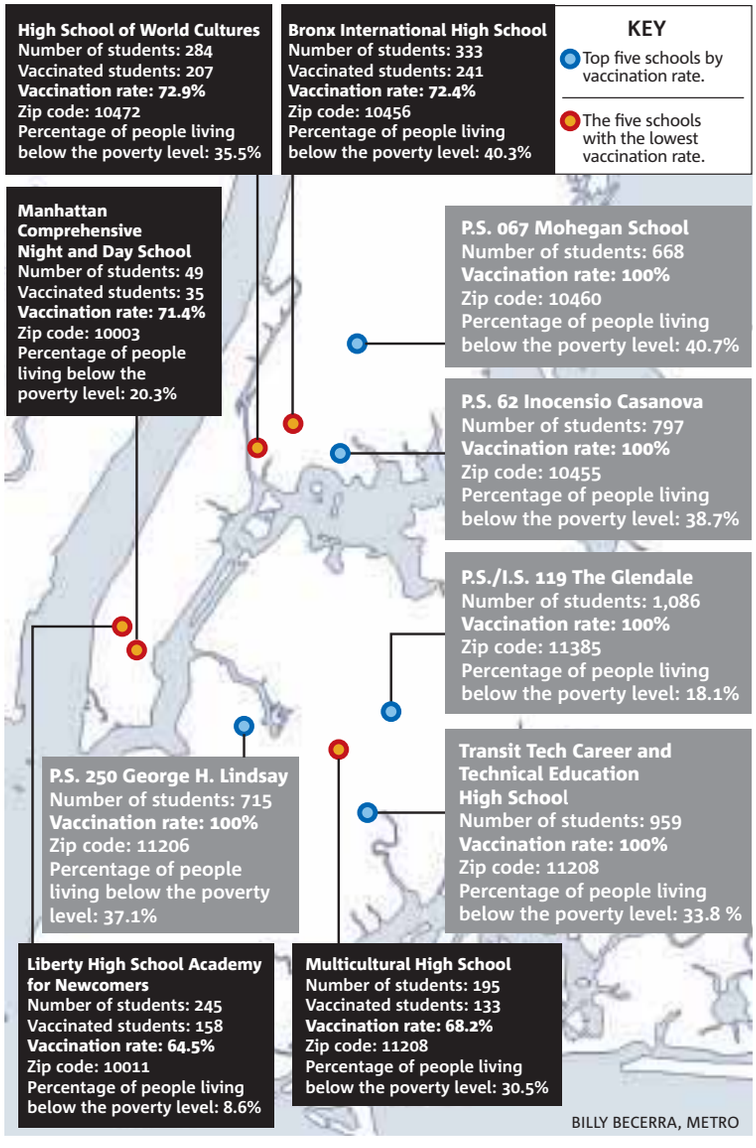
"The health and safety of our students is our top priority, and we offer strong support to families and principals to ensure all health requirements are met," Fink said in an email sent to Metro.

A new state requirement for the 2015-2016 year requires students get two doses of MMR (Measles-Mumps-Rubella) before starting kindergarten, according to the health department.

"New York is kind of in the middle [of the vaccination spectrum]. The states with the toughest school vaccination rates are West Virginia, Mississippi and California, which only have medical exemptions and got rid of religious and philosophical exemptions," said Dr. Amesh A. Adalja from the University of Pittsburgh Medical Center and a representative for the Infectious Disease Society of America.

"A lot of states have grace periods that allow kids to start attending school while waiting to finish their shots. … Grace periods are problematic because they allow time for the virus to spread [to students who are unprotected for a good part of the school year]," Adalja said.

Additional reporting by Lakshmi Gandhi


High School of World Cultures
Number of students: 284
Vaccinated students: 207
Vaccination rate: 72.9%
Zip code: 10472
Percentage of people living below the poverty level: 35.5%
Bronx International High School
Number of students: 333
Vaccinated students: 241
Vaccination rate: 72.4%
Zip code: 10456
Percentage of people living below the poverty level: 40.3%
KEY
Top five schools by vaccination rate.
The five schools with the lowest vaccination rate.
Manhattan Comprehensive Night and Day School
Number of students: 49
Vaccinated students: 35
Vaccination rate: 71.4%
Zip code: 10003
Percentage of people living below the poverty level: 20.3%
P.S. 067 Mohegan School
Number of students: 668
Vaccination rate: 100%
Zip code: 10460
Percentage of people living below the poverty level: 40.7%
P.S. 62 Inocensio Casanova
Number of students: 797
Vaccination rate: 100%
Zip code: 10455
Percentage of people living below the poverty level: 38.7%
P.S./I.S. 119 The Glendale
Number of students: 1,086
Vaccination rate: 100%
Zip code: 11385
Percentage of people living below the poverty level: 18.1%
P.S. 250 George H. Lindsay
Number of students: 715
Vaccination rate: 100%
Zip code: 11206
Percentage of people living below the poverty level: 37.1%
Transit Tech Career and Technical Education High School
Number of students: 959
Vaccination rate: 100%
Zip code: 11208
Percentage of people living below the poverty level: 33.8 %
Liberty High School Academy for Newcomers
Number of students: 245
Vaccinated students: 158
Vaccination rate: 64.5%
Zip code: 10011
Percentage of people living below the poverty level: 8.6%
Multicultural High School
Number of students: 195
Vaccinated students: 133
Vaccination rate: 68.2%
Zip code: 11208
Percentage of people living below the poverty level: 30.5%

BILLY BECERRA, METRO

Quoted

"The health and safety of our students is our top priority and we offer strong support to families and principals to ensure all health requirements are met." Fink

WENDY JOAN BIDDLECOMBE
Wendy.Biddlecombe@metro.us

NEW YORK APPLES FROM A TO Z

Your Shopping Guide

To Flavors And Uses

You know you love New York apples. And right now, at the peak of harvest season, the biggest mix of fresh and fabulous varieties are here. But what does each apple taste like? And how are they best enjoyed? Here's a guide to 12 of our homegrown apples, with characteristics and best uses –

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Sweet, tart and juicy – eating and sauces

CAMEO
Sweet and tart; crunchy and firm texture – eating and desserts

CORTLAND
Sweet with a hint of tartness – salads, eating, baking, sauces

EMPIRE
Sweet and tart together – eating, salads and baking

FUJI
Sweet, juicy, very crisp – eating

GALA
Sweet and juicy – eating and salads

GOLDEN DELICIOUS
Mildly sweet and juicy – eating and salads

HONEYCRISP
Sweet and crisp – eating and salads

JONAGOLD
Honey sweet, slightly tart, very juicy – eating, salads, sauces and baking

MACOUN
Extra sweet meets mild and tart – eating and pies

McINTOSH
Sweet and juicy with a tart tang – eating and baking

ZESTAR!
Crisp and juicy – eating

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Disclosure bill to fight wage gap

Compensation. State senators introduced a new bill to decrease the gender wage gap.

A woman works. / FILE PHOTO

Two New York lawmakers introduced a bill yesterday that they hope will reduce the wage gap based on gender, race and ethnicity.

State Sen. Brad Hoylman and Assemblymember Deborah Glick said the bill mandates that in order for companies to win state contracts, the companies must disclose employee compensation.

"The state can use its resources and its ability to provide contracts to ensure that we get this transparency," Glick said. "Once the reporting is done it does two things: One, it lets the public know whether it's a business operating in good faith or not. And [two,] it also lets the state know if this is a business whom we want to do business with. It's a way of measuring the gap and then working to eliminate it."

The legislation is similar to those governing federal contractors, but it is also modeled after a similar bill in New Mexico issued by then Gov. Bill Richardson back in 2009, where contractors can obtain extra bidding points if they can demonstrate their pay gap is narrower than that of their competitors.

In the meantime, in New York the wage gap between women and men will not close until at least 2058, according to a study by the Institute for Women's Policy Research.

Women of color face more hurdles as black and Hispanic women make only 64 and 55 cents, respectively, for every dollar a white man earns.

"A lot of New Yorkers might be surprised that companies contracted through the state of New York with their tax dollars aren't paying their female employees equally," said Senator Hoylman. "The problem is becoming more apparent as more women are in the workforce."

KARINA CUEVAS
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PHOTO: KATIE KOSAVA

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It's St. Gennaro time in Little Italy

Sergio Orsini, 34, a cook at La Bella Vita, laughs while building a booth in front of the Italian restaurant on Mulberry Street. Organizers are setting up for the 89th anniversary of the Feast of St. Gennaro. Festivities will run Sept. 10-20 in Little Italy. /MILES DIXON, METRO

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Mount Sinai Beth Israel
Phillips Ambulatory Care Center (PACC)
10 Union Square, 2nd Floor
For more information, call: 212-420-4587

Tuesday, September 22 - 10 am – 2 pm
Mount Sinai St. Luke's
1111 Amsterdam Avenue at 114th Street
Babcock Lobby – First Floor
For more information, call: 212-523-8283

Thursday, September 24 - 10 am – 2 pm
Mount Sinai Brooklyn
Main Lobby – First Floor
3201 Kings Highway between
East 32nd Street and New York Avenue
For more information, call: 718-951-2916

Monday, September 28 - 10 am – 2 pm
Mount Sinai Roosevelt
1000 Tenth Avenue between
West 58th and 59th Streets, Main Lobby
For more information, call: 212-523-6952

Wednesday, September 30 - 10 am – 1 pm
Mount Sinai Queens
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For more information, call: 718-267-4333

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Tech. Maker Faire inventor rigs drone that can help in disasters

Metro spoke with inventor Mohammed Nasir, 16, of Toronto, Canada, about a drone prototype he says can help during disasters.

What are you showcasing at Maker Faire this year?
As part of the Drones for Humanity initiative, my team and I will be showcasing our final production model of a humanitarian heavy-lifting drone for rapid deployment in the hour following a natural disaster.

How did you come up with the idea?
There seems to be a need for faster aid deployment following natural disasters. This project aims to change that by having a swarm of a few hundred being deployable within an hour.

These drones are designed to carry food, water and other basic aid supplies, and can also be deployed with portable rescuing equipment.

Did anything surprising happen while you were developing it?
An interesting observation is how controllable drones are, despite the heavy payload. The 105-pound drone had roughly the same flight characteristics of my smaller 5-pound one!

What are you working on next, either for this specific project or something else you have in the works?
We are planning on getting in contact with various aid organizations as well as first-response teams in order to get this project in action.

Is there anyone at Maker Faire you're excited to meet?
I would be delighted to meet someone who is also working for humanitarian uses of drones.

Meet Mohammed Nasir at Maker Faire at the New York Hall of Science Sept. 26-27.

Mohammed Nasir / PROVIDED

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Hit-and-run

Cops hunt minivan after woman killed on Belt Parkway

Police are looking for a minivan driver they say struck and killed a motorcycle passenger on the Belt Parkway Monday night.

The victim, 22-year-old Sade Eversley, was riding the bike with a 28-year-old man when they lost control and hit the center median, police said.

Both Eversley and the motorcycle driver were thrown from the bike into the left lane, at which point Eversley was hit by a white minivan.

That driver did not stop. Another minivan also hit Eversley, though that driver stayed at the scene. The motorcycle driver survived.

MORGAN ROUSSEAU

PA. Commuters calm despite NJT changes

Around 33,000 commuters encountered changes in the NJ Transit gates at Port Authority Tuesday, but the day was relatively disruption-free, officials said.

"This morning has gone quite well," said Neal Buccino, public information officer for the Port Authority of New York and New Jersey. "No major problems have been reported to us at this point."

Commuters confused about the changes have access to 75 ambassadors staffing the bus terminals who are available to answer any questions from 7 a.m. to 10 p.m. until Monday, Sept. 14.

The Port Authority has handed out 120,000 brochures with information to commuters and 500 signs are visible throughout the terminal announcing the changes.

Those wondering about the changes can access the transit line's Web page or ask one of the customer service representatives who will be present at the bus terminal all week.

Bus terminal / GETTY IMAGES

The changes will affect riders of NJ Transit, Coach USA (specifically its Community Coach, Rockland, and Shortline carriers), DeCamp, and Lakeland.

"The consolidation of NJ Transit's operations and Coach USA's operations will empower those carriers to better manage their bus logistics within the terminal, and build on our previous successes in helping buses arrive and leave on time," PABT General Manager Diannae Ehler said. **METRO**

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Texas

Woman charged with concealing gun in vagina

A Texas woman taken into custody in a suspected drug arrest has been charged with violating state concealed firearms laws by hiding a fully loaded, snub-nosed handgun in her vagina, police in Waco said on Tuesday.

Ashley Castaneda, 31, was also charged with methamphetamine possession. She was in a car with a man who was pulled over for a traffic violation and officers found the drugs inside the vehicle, police said.

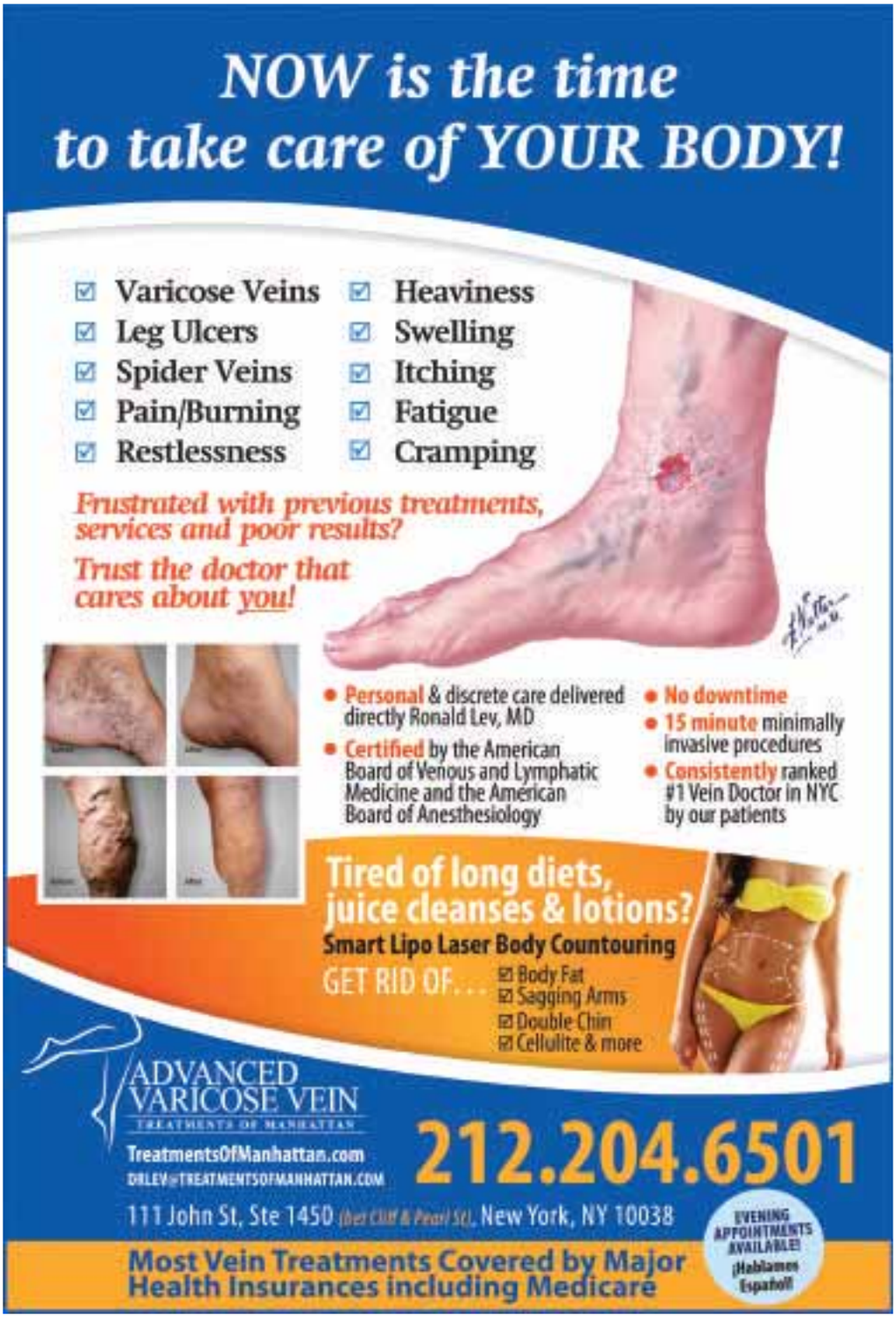
On her way to jail, Castaneda told police that she had concealed the handgun in her vagina, making the disclosure out of fear it could go off during the trip, according to police.

"Officers immediately stopped and a female officer searched Castaneda discovering she had in fact placed a loaded Smith and Wesson pistol inside her body cavity," police in the central Texas city said in a statement.

"The weapon had a round chambered and a full magazine of bullets," police said.

The suspect had been searched at the scene and the gun was not found because of the way it was hidden, said Waco Police Department spokesman Sergeant Patrick Swanton.

"It is conceivable that the gun could have gone off inside our suspect and that would have been deadly because of the proximity to internal organs," Swanton said. REUTERS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United CEO Jeff Smisek steps down

Jeff Smisek / GETTY IMAGES

Turbulence. The United Continental CEO is tied to the 'Bridgegate' probe.

Payment

$4.9M

Smisek will receive a separation payment of $4.9 million, payable as a lump sum in cash, the company said in a regulatory filing.

United Continental Holdings said Chief Executive Jeff Smisek had stepped down and named CSX Corp. Chief Operating Office Oscar Munoz as his replacement, effective immediately.

United Continental's shares fell 2.8 percent in trading after the bell on Tuesday.

Smisek, who has been the company's CEO since 2010, will also step down as chairman and president, United Continental said in a statement.

"The departures announced today are in connection with the company's previously disclosed internal investigation related to the federal investigation associated with the Port Authority of New York and New Jersey. The investigations are ongoing and the company continues to cooperate with the government," UAL said in a statement.

United Continental also said its executive vice president of communications and government affairs along with its senior vice president of corporate and government affairs were leaving.

UAL's general counsel, Brett Hart, declined during a conference call Tuesday to elaborate on the reasons for the departures or the status of a federal investigation into UAL's relationship with a former chairman of the Port Authority.

In February, the carrier had opened an internal investigation into its relationship with the former chairman of the Port Authority of New York and New Jersey following a government probe.

The investigations are ongoing and its internal probe and the related circumstances do not raise any accounting or financial reporting concerns, United Continental said on Tuesday.

"We don't expect it to impact our operations," Hart said.

United under Smisek was under pressure from investors to improve its day-to-day operations and financial performance.

About 75 percent of United's flights arrived on time during the first half of this year, according to federal data, the worst record among the four largest U.S. airlines. UAL executives told Reuters last month they planned a series of changes to schedules to improve on-time performance. REUTERS

Queen Elizabeth II on Monday / GETTY IMAGES

Queen is now monarch with longest reign in UK

Great Britain. The 89-year-old queen has surpassed Queen Victoria's record.

Queen Elizabeth, who ascended the throne aged just 25 as her exhausted country struggled to recover from the ravages of World War II, makes history on Wednesday when she becomes Britain's longest-reigning monarch.

At about 5.30 p.m. (12:30 p.m. ET), Elizabeth, at age 89, is also the nation's oldest-ever monarch, will surpass the 63 years, 7 months, 2 days, 16 hours and 23 minutes that her great-great-grandmother Queen Victoria spent on the throne.

British Prime Minister David Cameron led tributes to the queen.

"Over the last 63 years, Her Majesty has been a rock of stability in a world of constant change and her selfless sense of service and duty has earned admiration not only in Britain, but right across the globe," Cameron said.

"It is only right that today we should celebrate her extraordinary record, as well as the grace and dignity with which she serves our country."

Those close to the queen say she is fairly blase about the milestone, believing it represents little more than the fact she has lived for a long time.

"It's business as usual as far as she is concerned," said one senior aide.

"It's inevitable that I should seem a rather remote figure to many of you, a successor to the kings and queens of history," she said in her first televised Christmas broadcast in 1957.

"I cannot lead you into battle. I do not give you laws or administer justice. But I can do something else. I can give you my heart and my devotion to these old islands and to all the peoples of our brotherhood of nations."

As a young princess, Elizabeth had not expected to become monarch as her father George VI only took the crown when his elder brother Edward VIII abdicated in 1936 to marry American divorcee Wallis Simpson. REUTERS

History

Queen Elizabeth II in 1952

Her ascension

The year she became queen, the Korean War was raging, Joseph Stalin was leader of the Soviet Union and Britain announced it had the atom bomb.

"There is a motto which has been borne by many of my ancestors — a noble motto, 'I serve,'" Elizabeth said in a televised speech to mark her 21st birthday.

"I declare before you all that my whole life, whether it be long or short, shall be devoted to your service and the service of our great imperial family to which we all belong."

Since becoming queen, she has seen 12 prime ministers, starting with Winston Churchill, and there have been 12 U.S. Presidents, from Harry S. Truman to Barack Obama.

She was 25 when she ascended to the throne on Feb. 6, 1952, following her father's death.

That made her the 40th monarch in a royal line that traces its origin back to Norman King William the Conqueror who claimed the throne in 1066 with victory over Anglo-Saxon Harold II at the Battle of Hastings. REUTERS

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Five things you need to know

1 Kentucky clerk in gay marriage case released from jail

Kim Davis, the Kentucky county clerk who refused to issue same-sex marriage licenses, walked out of jail on Tuesday after the U.S. district court judge who found her in contempt said he was satisfied licenses were being issued in accordance with a Supreme Court decision.

U.S. District Judge David Bunning ordered her release after six days in jail, saying she "shall not interfere in any way, directly or indirectly, with the efforts of her deputy clerks to issue marriage licenses to all legally eligible couples."

If she tries to interfere, "that will be considered a violation of this Order and appropriate sanctions will be considered," Bunning said.

Her lawyer, Mathew Staver, as well as Republican presidential hopeful Mike Huckabee, were at Davis' side in front of the Carter County Detention Center, listening to supporters sing, shout and wave flags.

"Kim is someone who is loyal to God and is loyal to her job and her people. She plans to be back at work this week," said Staver.

"Kim Davis cannot and will not violate her conscience," Staver said.

As an Apostolic Christian, Davis said she believes a marriage can only be between a man and a woman. She has refused to issue any marriage licenses since the U.S. Supreme Court in June made same-sex marriages legal across the United States.

REUTERS

2 Baltimore offers $6.4M to settle Gray case

Baltimore has reached a tentative $6.4 million settlement with the family of Freddie Gray, a black man who died from an injury sustained in police custody, city officials said on Tuesday.

The settlement with his family will be submitted to the Baltimore Board of Estimates for a vote on Wednesday, the office of Mayor Stephanie Rawlings-Blake said in a statement, adding that it does not constitute an admission of liability.

It will have no effect on the criminal trials of six officers charged with Gray's death in April, the statement said. His death from a spinal injury following arrest sparked protests and rioting.

REUTERS

3 Tech industry fight over email privacy heads to court

A U.S. appeals court on Wednesday will consider whether U.S. law enforcement can make American technology companies hand over customers' emails held overseas, in a case closely watched by privacy advocates, news organizations and business groups.

Microsoft is challenging a U.S. search warrant seeking the emails of an individual stored on a server in Ireland as part of a drug investigation. Details of the probe, including the name of the person, have not been made public. REUTERS

4 Dentist who killed lion returns to work to protests, support

The Minnesota dentist who killed Zimbabwean lion Cecil, sparking a global outcry from animal lovers, returned to work on Tuesday to shouts of "murderer" and "leave town" from a half dozen protesters, but support from some patients at his suburban Minneapolis office.

Walter Palmer did not speak to reporters as he entered his Bloomington, Minnesota, dental practice. He shut the practice in late July amid a firestorm of protests after he was publicly identified as the hunter who killed the rare black-maned lion weeks before.

REUTERS

5 Investigation into players who blindsided high school football official

Texas police have launched a criminal investigation into an incident in which two high school football players crashed into a referee from behind during a game, officials said on Tuesday.

The police department in Marble Falls, northwest of Austin, said it was weighing assault charges after a game at Marble Falls High School against John Jay High School of San Antonio.

"During the game, two players targeted one of the officials and blindsided him, knocking him to the ground," Marble Falls Police said.

REUTERS

Kansas jury. Jewish center killer should be executed for his crimes

A Kansas jury on Tuesday said a white supremacist who shot three people to death outside two Jewish centers last year should be put to death for the crimes.

Frazier Glenn Cross, 74, a former senior member of the Ku Klux Klan who has been representing himself in court, was found guilty last month of killing Reat Underwood, 14, and his grandfather, William Corporon, 69, outside the Jewish Community Center of Greater Kansas City, and Terri LaManno, 53, outside a Jewish retirement home, both in Overland Park, Kansas. The jury also convicted Cross of three counts of attempted murder for shooting at three other people.

Cross said during the trial he shot them because he thought they were Jewish but none of those killed were in fact Jewish.

Cross, 74, gave a Nazi salute to the jury, and declared "Death to the Jews" at the end of his closing statement before the jury retired to consider his sentence.

Frazier Glenn Cross / GETTY IMAGES

Quoted

"I voluntarily sacrificed my freedom for my people ... Do you see fear in me? You see a proud white man." Cross

At his two-week-long trial, Cross admitted he committed the killings, and said he had wanted to kill as many Jews as he could.

Cross, also known as Glenn Miller, said Jews control the media, financial institutions and the movie industry, and he blamed Jewish women for backing a movement that led to the Supreme Court decision in 1973 to legalize abortion.

At the end of his closing statement, Cross glared at jurors over his reading glasses as he sat in a wheelchair and dared them to give him the death penalty.

REUTERS

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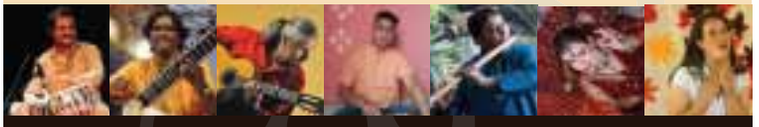

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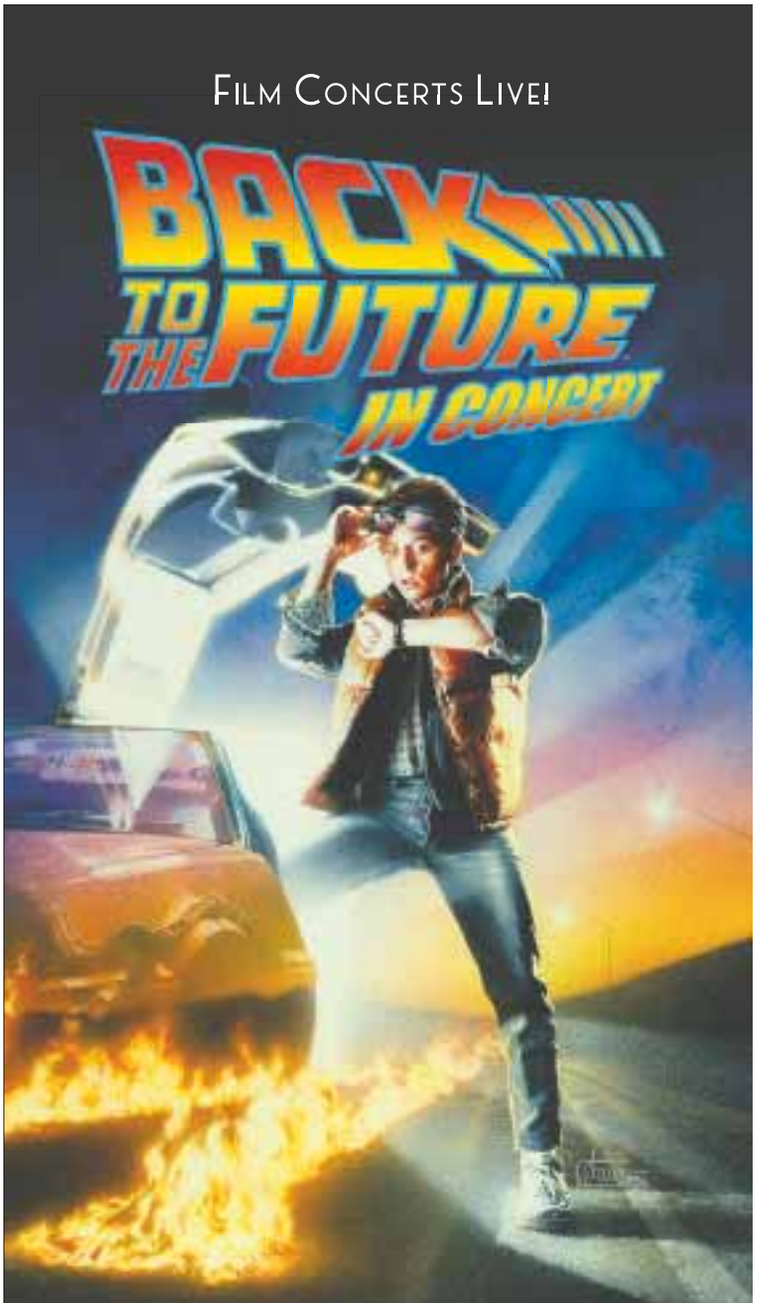

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Staff and inmates jubilant over pope's visit to Philadelphia jail

Above, Edward Dymek, prison chaplain at CFCF, discusses Pope Francis' visit to the jail. Below, inmates inside CFCF. / CHARLES MOSTOLLER

Pope. Leaders hope it will bring attention to prisoners' rights.

At Curran-Fromhold Correctional Facility, Deacon Edward Dymek is all smiles.

The topic is Pope Francis' upcoming visit to the facility, and he's rhapsodizing on how wonderful it was to see the pontiff visit a detention center during his first Holy Week as pope.

"That really lifted everyone out of their chair, and [made them say], 'Wow, this is really unbelievable," said Dymek, one of the two Catholic chaplains on duty.

Philadelphia Prisons Commissioner Louis Giorla, who is Catholic, agreed: "It set the stage for his papacy."

Pope Francis has made headlines worldwide for embracing inmates in Bolivia and for washing and kissing the feet of prisoners in Rome.

In Philly, he'll pray with 100 prisoners, 80 men from Curran-Fromhold and 20 women from neighboring Riverside Correctional Facility.

The event will also welcome selected relatives of the inmates, staff, city officials and dignitaries, which would round attendance out to a few hundred, said Giorla.

Dymek considers previous masses with Archbishop Charles Caput as successful test runs. "We're ready," he affirmed.

Father James Bretzke, a priest and professor of moral theology at Boston College, said the trip to Curran-Fromhold is steeped in lessons that the Pope has been teaching — that the Church has an obligation to reach the most marginalized.

"If you go back five, 10 years, and you look at what were the causes and concerns that American bishops most seemed to bring up," said Bretzke, "the triumvirate of key issues were same-sex marriage, abortion and contraception. … Now you get much more street cred, if you will, if you're taking a position for concern for the poor, a living wage, issues connected with prisons and immigration."

Observers have written that the pope's feather-ruffling stances are modernizing the church's image. The Pope Francis effect is also changing what's in vogue to advocate for, Bretzke explained.

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- I have a large bump behind my big toe (or little toe) which is always red.
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- My toes aren't straight– they are all cocked-up, bent and hurt.
- I have painful calluses on the ball of my foot which keep building up.
- I have corns on my toes which get thick no matter what shoe size I wear.
- The bottom of my heel hurts all day, but it's worse when I step out of bed in the morning.
- I have cramps in my legs which always happen when I walk the same distance.
- My ankles are swollen most of the time.
- My feet are always dry and scaly – sometimes they itch.
- My feet just hurt all over when I stand or walk a lot.
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Quoted

"Once the individual is incarcerated, no matter what the offense, it follows them forever."

Commissioner Giorla

California. Dead squirrel at Lake Tahoe tests positive for plague

A squirrel found dead at Lake Tahoe last month has tested positive for the plague, health officials said, marking the latest incidence of the disease in California that forced the temporary closure of two Yosemite National Park campgrounds.

The Lake Tahoe squirrel was discovered at a picnic area near the Tallac Historic Site on Aug. 17 and sent to a state laboratory for testing, the El Dorado County Environmental Management Division said in a written statement released on Friday.

Test results confirmed last Wednesday that the rodent had plague, El Dorado health officials said, and warning signs were posted for visitors to the area. The officials said they were not aware of any contact between humans and the squirrel.

"Plague is naturally present in many parts of California, including higher elevation areas of El Dorado County, so we need to be cautious around animals that can carry it," Karen Bender, a supervisor with the El Dorado County Environmental Management Division, said in the statement.

In August, health officials closed two Yosemite National Park campgrounds so they could be treated with insecticide after a child who camped there was hospitalized with the centuries-old scourge.

That case marked the first time a human was known to be infected with plague, which is carried by rodents and the fleas that live on them, in California since 2006. A second Yosemite visitor, who had traveled there from Georgia, was later diagnosed with the disease. REUTERS

Lake Tahoe, California
GETTY IMAGES

Plague

Early symptoms include:

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- Chills
- Nausea
- Weakness
- Swollen lymph nodes in the neck, armpit or groin

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"Fraction Of An Inch" Success And Failure With Popular

Vital Information All Knee Arthritis Sufferers

By Matt Edgar-Health Writer

Manhattan - In just a moment I'm going to tell you about a very "candid" and somewhat embarrassing moment I had with a doctor.

A moment most doctors would not want you to know about.

As I reveal what happened in that moment - it will become clear to you not only why this doctor has so much success treating knee arthritis pain... but you will also discover a possible way to relieve some or all of your pain, too.

But before I tell you all that - let me ask you this: How would you like to finally have a real medical solution for your knee arthritis pain?

Not some scam sold on an infomercial or the internet. **A real medical treatment that has already worked for countless people just like you and is covered by most insurance and medicare?**

Can you imagine what it would feel like to be able to eliminate enough of your pain and stiffness so you can get out of bed without pain and go for walks and even do things like play golf or tennis?

How relieved would you be if you felt so much better that you no longer needed to go through total knee replacement surgery and all the grueling rehabilitation?

Sounds Too Good To Be True?

I'm glad we agree. It does sound too good to be true. That's because all patients react differently and get different results from ***real medical treatments.***

That's also why no ethical doctor would promise or guarantee ANY results... for ANY treatment. EVER.

In fact - if you do start hearing over-the-top, exaggerated claims like: "cure for knee arthritis" or "eliminates all pain" or "works for everyone" you should run like heck.

But the fact of the matter is: If you qualify for the treatment you are about to discover, there is a good chance you may be able to relieve some or much of your pain.

I know because thousands of knee arthritis sufferers... just like you... have already found the relief you are looking for.

And even better - this might work for you if your pain is new... or if you have advanced knee arthritis that has made it difficult to even walk.

Here's The Treatment And The Embarrassing Moment

The treatment is called viscosupplemtation. If you have not heard of this treatment - I will explain how it might help you in just a moment. If you have heard of it - or even had this treatment without good results - this information is a "must read."

Here is why: When you have arthritis, one of the things that happens is the lubricating fluid in your joints deceases. This causes joint surfaces to rub, then grind against each other which causes swelling and pain eventually eating way at the cartilage.

Researchers have developed a natural lubricating gel that can be placed in the arthritic knee joint - this cushions and coats the joint allowing it to glide more smoothly which often decreases pain. Sometimes dramatically . Treatment with this special lubricating gel is called

Advanced Knee Arthritis Treatment Offers New Hope For Pain Sufferers In New York City

Nothing Spreads The Word Like Caring Doctors and Results - Knee arthritis sufferers have swarmed the OsteoRelief Center in Manhattan, NYC and Norhtern New j Jersey ever since word got out of their advanced medical procedure for knee arthritis

Viscosupplementation.

This all sounds great - in theory. But there is a BIG problem with this treatment.

Allow Me To Explain...

While doing research on this treatment, I traveled to amedical clinic in New York City, This clinic had an excellent reputation and I got to speak not only with doctors but with several patients who ranted and raved about the results.

Many said they had tried countless other treatments in the past... including viscosupplementation... but nothing worked until they had viscosupplemtation at *this* clinic.

I was skeptical, so I asked one of the doctors why. How could it be possible that the same treatment that did not work when done elsewhere... was getting results when done here?

His response was honest and a little shocking. And the bottom line was...

"All Doctors Are Human And Sometimes They Mess Up"

I discovered that this treatment must be VERY PRECISE. In other words, the doctor must be very accurate and actually get the lubricating fluid precisely into the arthritic joint space - or the treatment will be rendered useless.

Many doctors do not want to admit it - but it is very easy to miss the joint space and alter the treatment results.

In fact, research shows that doctors doing these types of joint procedures without advanced imaging may miss the joint space as much as 30% of the time.

Technology To The Rescue

Thankfully technology is solving this problem. How? It's making doctors much more accurate and this treatment much more effective.

Advanced imaging is now available that allows doctors to actually see directly into the joint space and watch the treatment. Doctors can see, or check, if the lubricating fluid goes directly into the joint space - or misses.

The doctor knows if the applied treatment has been a success... or failure... INSTANTLY.

The Difference Between Knee Arthritis Treatment?

Should Know... *That Might Be Keeping You In Pain*

Here's something incredible: I was able to watch many procedures actually being performed and I was shocked at how many times the doctor thought he had perfect placement... ***but the imaging proved him wrong.***

I was amazed how only a ***fraction of an inch*** would make the difference **between** success and failure.

The best thing is: When the procedure was not perfect - because of the imaging - the doctor knew instantly and was able to make the slight change necessary and achieve the results they were looking for hitting the targeted painful knee joint.

"Double Confirmation" For Best Results

That's why the doctors at this clinic have taken it one giant step further to give their patients the best. They do not just use one form of confirmation during treatment - they use two in their **"double confirmation"** process. This is to ensure patients get the best possible results.

It became clear to me that using this advanced imaging and "double confirmation" process just might be why the doctors at this medical clinic get results when others were not.

What Results Can Be Expected?

Like all medical treatments, the results vary and can not be predicted. But many knee arthritis sufferers get dramatic results. It is not uncommon for patients to either postpone knee replacement surgery for years... or even permanently cancel it.

Who Is This For?

This treatment is not for everyone - but if you qualify you may be able to relieve some or all of your pain. That's why OsteoRelief has a an innovation for you...

Your Invitation

OsteoRelief Centers offer a limited number of complimentary knee arthritis treatment screenings every month. These screenings are a way for knee arthritis sufferers to get some of their questions answered and see if they are a candidate for one of the cutting-edge treatments offered at OsteoRelief Center. If you would like a complimentary screening, just call **800-227-KNEE (5633)** and tell the scheduling expert who answers the phone, "I would like a complimentary knee arthritis screening."

The screenings fill up fast every month. If you do not call in time to get one this month, the expert will schedule you for next month.

This screening is no cost and there is no further obligation. The best thing about this screening for so many is being able to breathe a big sigh of relief because you finally have hope to relieve your pain and get your life back

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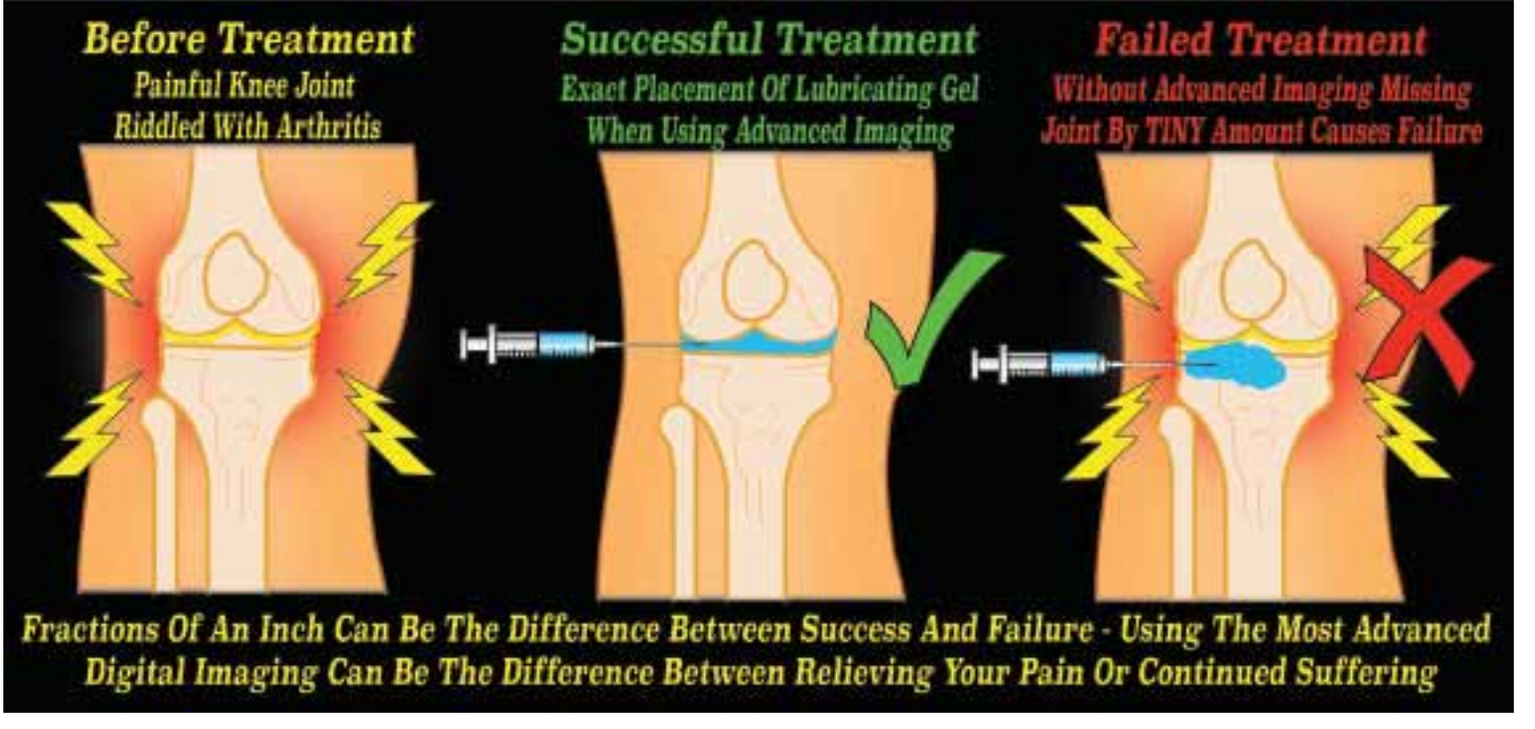
Why A Fraction Of An Inch Can Be The Difference: **Advanced imaging is used to "double confirm" placement of lubricating gel on the surface of the arthritic joint - giving the best possible chance to**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2 CULTURE

Twitter feed

Today, Dwayne Johnson wants you to step it up, Tyra Banks is talking to herself, RuPaul knows when it's a wig, Azealia Banks is putting her foot down and Patton Oswalt is back, baby.

@TheRock: Get your head in the game.

@tyrabanks: "Get up, Tyra and brush your damn teeth and get in the damn shower!"

@RuPaul: DragFacts: Nicole Kidman wears lace front wigs in all her movies; Saves time and continuity for reshoots

@AZEALIABANKS: I'm not getting married unless the groom has enough money to hire Chaka khan to sing... No Chaka , no bride ....

@pattonoswalt: Happy to announce I'm back on Twitter & excited to use this platform for mature dialogue & thoughtful humor.

1 Katy Perry's father schools her on Segway skills following Burning Man fail

Katy Perry just got burned — and it was by her own dad. The singer made her first Burning Man appearance at the annual festival in the Nevada desert, but it all went wrong when Perry decided to hop on a Segway. She only managed a few spins before stumbling off it. Perry and more than half a million Instagram users found the humor — or ridiculousness — in the attempt when she posted a video of the wipeout, calling it "an obvious first time burner alert." And apparently her father found it amusing, too, as Perry posted a follow-up vid of her pops, Keith Hudson, showing off how easily he manages a Segway himself. He also rocks a wallet chain, though, so maybe ignore him. **CRISTABELLE TUMOLA**

KATYPERRY, INSTAGRAM

2 Bradley Cooper introduces girlfriend to mom

In much sunnier relationship news, things seem to be going swimmingly between Bradley Cooper and girlfriend Irina Shayk, who got to spend a bikini-clad beach visit over Labor Day weekend with … Cooper's mother, Gloria Campano, according to Us Weekly. Cooper, Shayk and Campano spent the extended holiday weekend in Atlantic City eating ice cream, hitting the surf and strolling on the boardwalk. According to eyewitnesses, all were in pretty good spirits, so it looks like former Sports Illustrated model Shayk has passed the mom test. So that's something.

ALL PHOTOS GETTY IMAGES

THE WORD

Ned Ehrbar takes on the world of gossip.

NED EHRBAR
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ned.ehrbar@metro.us

3 Justin Bieber is staying single for now

Don't worry, ladies, you're safe — for now. Justin Bieber doesn't want to make you his girlfriend. It turns out the Canadian pop star is still smarting from his breakup with Selena Gomez and he's not looking to get into something new just yet. Because I know you were wondering. "I haven't been in a relationship for a while. I'm chilling and just hanging out. Just being myself," Bieber tells Australian radio hosts Kyle Sandilands and Jackie O Henderson in an interview. "I am a relationship type of guy. I love to be in love and I love cuddling and I love all of that kind of stuff, but I got my heart broken and so I'm just going to let that heal up."

Also, while discussing some volunteer work he did for the Make-A-Wish Foundation, Bieber throws in an odd, unprompted defense of the late Michael Jackson. Because why not? "I think that's a lot of the misconception that they had about Michael Jackson," Bieber says. "He wanted to be around kids because they are just innocent and he never wanted anything from them. I don't know if I believe all the stuff going on about Michael, but that's just my opinion." OK then.

4 Chelsea Clinton finds the good in Kanye for President

On the one hand, the topic of Kanye West running for president in 2020 is silly and far off and not a serious topic of conversation, so must we humor such an idea now? On the other hand, it's a welcome distraction from the current Donald Trump-soaked 2016 presidential race, so maybe Yeezy is doing us a solid. And as it turns out, Chelsea Clinton thinks he may be helping in other ways by raising the idea. "I definitely think who runs for office is really important," Clinton tells MTV News. "Even if him just saying that helps sparks a little boy or a little girl who was watching the VMAs to think, 'Oh wow, maybe I should do that,' that's awesome."

Daily video

ANTONIO MARIA DA SILVA AMDSFILMS, YOUTUBE

Hell's Club

Get on up with the get-down with one of the most ambitious and creative mash-ups ever made: "Hell's Club," which mixes and re-edits nightclub scenes from a host of movies such as "Trainspotting," "Boogie Nights" and "Star Wars: Episode II — Attack of the Clones" and puts all the characters into the same red-tinted hot spot. And unlike most mash-ups, this one actually creates a coherent story. It's tough to say what's the best part — the Terminator trying to whack Tony Montana, leading to an epic dance floor gunfight or Blade always hitting the exit at the slightest hint of trouble — but the end result is tremendous.

What he really wants to do is direct

Q&A. Chris Evans steps behind the camera with "Before We Go."

Chris Evans and Alice Eve wander Manhattan in "Before We Go," in theaters and on VOD. / RADIUS-TWC

Getting an indie film made today can be tricky, but it helps if you know, say, one of the Avengers. Chris Evans makes his directorial debut with "Before We Go," and starring in it himself was a key to it happening at all.

Were you prepared for the amount of exterior NYC filming this entailed?
You literally pray every single night for no snow because we're shooting in December in New York.

Have you thought about what you'll direct next?
I already have my next project. It's not something I can actually dive into right now, but it still is a bit of a love story — for some reason I'm all hung up on love stories.

You've mentioned not acting as much going forward and focusing more on directing.
Right. Well, if a good acting job comes along, I'm not going to say no to it, but my priority right now is still going to be trying to get behind the camera and learn and grow and get better. That's still a field where I'm very inexperienced, so I'm excited to kind of cultivate that avenue.

How about directing films you don't star in?
With this first movie, that was unfortunately part of the deal. To be completely candid, I don't know that I would get the nod to direct a film if I weren't in it. If I weren't in the movie, and I could get three or four phenomenal actors, great. I would gladly not be in it. But putting yourself in it makes that hurdle that much more manageable.

Having Chris Evans as your lead isn't so bad.
[Laughs] It's kind of one of the biggest hurdles in Hollywood right now: How do you get a film on its feet? Given this foreign presale model, and with the Marvel universe at my back, it helps to put me in the film.

One more thing

How long had you been looking for a project to direct, and what was it about this one that spoke to you?
I've been looking for a few years. It's tricky on your first one. I wish I could say it was just the project that absolutely captivated me, but to get a project on its feet for a guy who has never directed anything, it's not going to be so much of which project do you choose as which project chooses you, you know? Some projects are just the little engines that could, and it's nice to kind of find something that no one else is doing and say, "OK, I'll get my feet wet with this one." You're not going to go get some Aaron Sorkin script your first time out.

Evans
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Mary Steenburgen wants better movies about aging

Q&A. The "A Walk in the Woods" actor still gets starstruck, especially around Robert Redford.

Mary Steenburgen plays a woman Robert Redford's Bill Bryson meets while hiking the Appalachian Trail in "A Walk in the Woods," in theaters now. / FRANK MASI

Mary Steenburgen doesn't have a huge part in "A Walk in the Woods." Her character, who runs a rural motel with her elderly, enfeebled mother, is just one of the people Robert Redford and Nick Nolte meet while attempting to hike the Appalachian Trail. Based on Bill Bryson's book, it's a dramedy that, unlike some movies about older characters, takes the subject seriously, exploring characters dealing with remorse, looming mortality and the strain of putting their bodies through the ringer — all things the Oscar-winning actress identifies with.

As with Nick Nolte, you hadn't worked with Robert Redford before.
I used to go watch him when I was Mary Nell Steenburgen in Little Rock, Arkansas, in a movie theater. I had this amazing day when I texted my old friend Kevin and said, "You're not going to believe what I'm doing now. I'm in Atlanta, Georgia, doing a scene with Robert Redford." It's such a beautiful little circle in life to be able to do something that as a 12-year-old girl you would never have dreamt you'd do.

Odd question, but do you actually still get starstruck?
Oh, completely. Not around many people, by the way, because most of them are people I didn't used to watch. It's the people that are just enough older than me that I would have seen in movies. That group is just a little ahead of mine. I've worked with some great actors but most of them tend to be my peers or, these days, younger than me.

Not a lot of films about aging treat it with maturity, including some comedies about aging.
So many films about aging, unfortunately, are just joke filled and not really what it's about. I love that [Redford's character] goes on a quest that involves pushing his body somewhere he had no idea it could go. His wife is scared, but he still needs to do it. There are so many beautiful things in it, but underneath it all we're all thinking of life marching on. In a world where most big movies aren't about big ideas, it's a simple movie about a very big idea.

It argues that one thing that keeps people healthy is being curious and trying new things. Acting is a good way to do that.
And scaring yourself, as my husband would say. My husband [Ted Danson] always says, "Why do you have to keep scaring yourself?"

MARY STEENBURGEN
GETTY IMAGES

One more thing

Steenburgen sings

You took up music after a bit of surgery on your arm ended up having a strange aftereffect. How is that going?
It's very important to me, profoundly so, actually. I write a lot and I write mostly with people from Nashville who are very serious about writing music. You enter a room with somebody and sometimes you know them and sometimes you don't, and four hours later hopefully you've made a little alchemy and you have a song.

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You're welcome. The hottest photos of men and cats ever

Just one of the 50 pairs you'll swoon over. / PROVIDED

If you love hot men and you love cats, "Men & Cats" is basically your dream book. The French creators of the Tumblr Des Hommes et des Chatons just released a book including 50 pairs of men and cats that's just meant to make you smile. And melt. You will melt.

The authors share one of their favorite pairs here, but you'll have to head to Metro.us to see more. And of course all 50 adorable pairs are in the book, which is out now. So go ahead: Ogle the cuties above and feel free to snap a photo and make it your phone background. It's a sure way to make you smile even on the most crowded subway train.

Head to Metro.us to see more photos of men and cats.

EMILY LAURENCE

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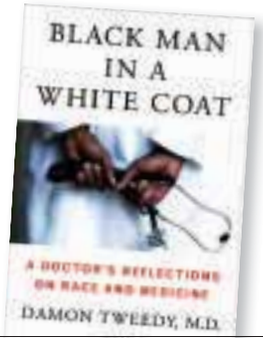
The hidden racism problem in health care today

Exposé. Dr. Damon Tweedy exposes the discrepancy of care between black patients and white patients, and he shares his own personal journey of becoming a doctor.

When Damon Tweedy was a medical student at Duke University Medical School, his professors often repeated the same refrain when introducing the class to a new medical disease: It was more common in blacks than whites. "There was this message that being black was bad for your health, but [no one] addressed why or what you could do about it," Dr. Tweedy says. He started digging deeper and wrote about his findings in his new book, "Black Man in a White Coat."

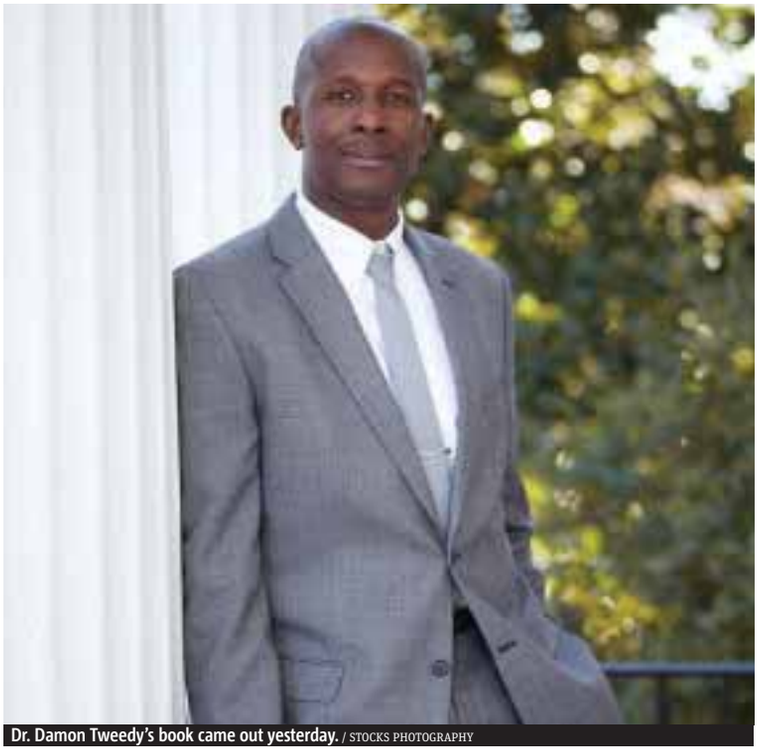
One major reason Dr. Tweedy found as to why black patients have more health problems: They are less likely to have health insurance.



Dr. Tweedy says other races can experience a discrepancy of care too, especially when there is a language barrier. But he stresses that the goal shouldn't be to match up patients and doctors based on race. "The solutions are complicated and occur on different levels," he says. On a government level, Dr. Tweedy says ensuring that everyone has access to affordable health care is important.

He also stresses the importance of education. "Health is about a lot more than simply health care," he says. "You can offer someone the best treatment in the world, and if they can't afford it, it isn't helpful to them."

He also says some responsibility falls on patients themselves who need to form their own healthy lifestyle habits. "All these things have to happen simultaneously to really make a long-term dent," he says.


Dr. Damon Tweedy's book came out yesterday. / STOCKS PHOTOGRAPHY

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Genres

Rom-com expertise

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Though they're living out a romantic comedy onscreen, Cash and Geere have slightly different attitudes about the genre. "I was never a big wedding person. My parents have multiple divorces between the two of them," Cash says with a laugh. "Chris Geere is, like, [a] romantic comedy queen. Like, one of his favorite movies is 'How to Lose a Guy in 10 Days,'" she reveals.

"She knows me well," admits Geere, who praises "Four Weddings and a Funeral" as a fave.

"That's what got me into acting in the first place. Beautiful love stories with some brilliant jokes thrown in. I'm a bit of a softie, really."

How to be 'The Worst'

Interview. Aya Cash and Chris Geere say their emotionally stilted characters are doing their best to have a functional relationship.

"You're the Worst" returns tonight at 10:30 p.m. on FXX. / PRASHANT GUPTA, FX

Everyone has experienced moments of wanting to behave poorly just for the sheer pleasure of acting totally without thought for the consequences, whether by telling people exactly what you think of them, or stealing something from a wedding you don't think the unpleasant bride and groom deserve. Most people, however, don't actually act on those impulses, which is what sets Jimmy and Gretchen, of FXX's "You're the Worst," apart.

The show is a rom-com about what happens when narcissistic one-hit wonder author Jimmy and also-narcissistic publicist Gretchen fall in love. The show's second season examines the fallout when two such wildly immature people try living together. "They're very much themselves with each other, and I think that's very important in any relationship, no matter who they are," says Aya Cash, who plays Gretchen, of the duo's off-kilter love story.

"If you're smart you're probably unhappy is I think what they would say. It's funny, there are things that happen in their relationship, that I would be like, if that person did that to me, it would be over," she explains. "And it doesn't even hit them. And that's what makes them work. They're just perfectly suited to each other."

Getting to play such darkly honest people comes with its own pleasures, says Chris Geere, who plays Jimmy. "He says and does things that I personally, and I think a lot of people in life, would love to say or do, but social politeness restricts us from doing that."

They may eventually start to face some consequences for their terrible behavior this season. Gretchen, whose partying lifestyle has generally been something of an asset in her career as a music publicist, will face some work issues. "There's a rap feud this year that she has started. She started the rap feud as a publicity thing and it takes on a life of its own. So that's a consequence. It just sort of blows up in her face and she has to reel it all back in," says Cash.

Geere, meanwhile, warns that there are bleak times ahead for the pair. "We go to a real dark place this year. Halfway through the season [what] I'm calling the fifth character comes in. Some information is given to us, and the rest of the series is about how the [whole cast] deals with that new thing," he says.

But despite all the darkness, the show is at its core pretty romantic. The two of them do love each other after all, despite their toxic behavior. "There is a sweetness to the show, even with all the darkness. I mean, they do find each other and they do want to be together and they do try, sometimes, to change, and to be better, even if it fails," says Cash.

"The tone of the show is not obvious, so we're allowed to play with silly, pratfall physical comedy scenes one minute and then before we know it we're crying and doing something heartfelt," adds Geere.

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Lou Barlow is ready for you to hear his new album … almost

Interview. The Dinosaur Jr. and Sebadoh member just released his first solo album in six years and is embarking on a cross-county tour.

"Brace the Wave," Lou Barlow's first solo album since 2009, is out this month, but he still hasn't played it for anyone besides his label, at least as of the time of this interview, 10 days before the Sept. 4 release date. "I can't sit in the same room and play my music to anybody," he says, despite the fact that he's currently on a cross-country tour promoting it.

Lou Barlow's new album "Brace the Wave" came out September 4.
RACHEL ENNEKING

Back and forth

Barlow hasn't been lazy the past six years. He's been keeping busy with his bands Dinosaur Jr. and Sebadoh, both of which will start working on new albums soon, he says. And while he loves to play in a band, Barlow says he was itching to play solo again and thinks the very act of going back and forth between the two makes him better at both.

Making it look easy

It only took him six days in the studio to complete the album. "It's easy," Barlow says of crafting songs. "It's so easy for me that it's hard for me to imagine that everybody can't do it. I've actually struggled a lot over the years recognizing that it's something that's a talent." Barlow says melodies and harmonies come to him naturally, or a lyric and a melody come to him that he builds upon.

Lyrics are a little trickier. "I probably spend too much time on them," Barlow says. "It's important to me that the lyrics mean something to me because it makes them easier to remember rather than just pulling nonsense out of the air or trying to rhyme something." That's one of the reasons why he doesn't like to play his songs for people he knows.

A time of transition

For the past 17 years, Barlow has been living in California, but he recently moved back to his Massachusetts hometown with his kids and ex-wife, in close proximity to his parents, sister and fellow Dinosaur Jr. members. "I just thought it was necessary to center myself and the kids and get as much support as possible so we can live out this next period of our lives and have our kids grow up," he says.

It would be easy to assume that his new song "Moving" is about this very process, but Barlow explains that the song is less literal than that. "I'm talking about packing up things in my mind," he says. "Thinking things like, 'OK well, this isn't going to work out. I guess I have to move on.'" Sounds like he's about ready for that next phase.

If you go

Lou Barlow

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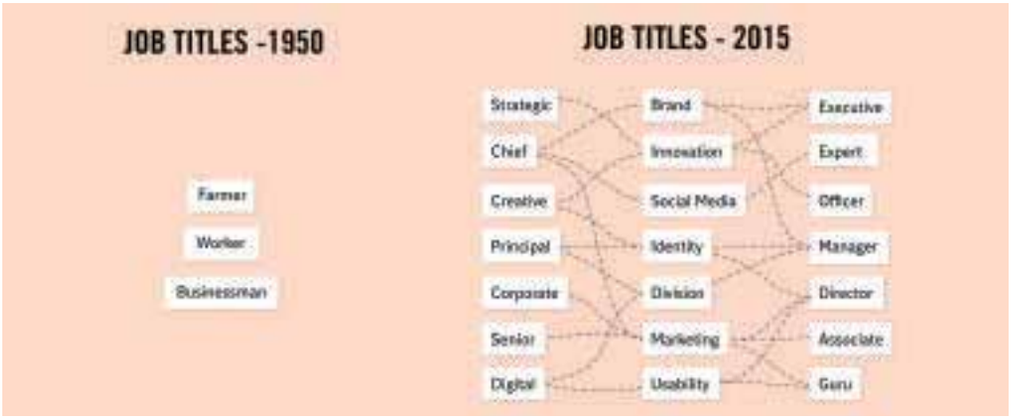

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Aries Your intuition will help you make choices. You have the knowledge, creativity and dedication necessary to rise to the top.

Taurus A small misunderstanding will become a big problem if you don't deal with it quickly. Being stubborn will only add to the dilemma.

Gemini Your instincts will be right on the money, and you can make headway if you present your ideas to the right audience.

Cancer Don't try to blame others for your mistakes. You will have to make amends if arrogant behavior has caused dissent at home.

Leo It's time to shake up your routine. You can be the star of the show if you play your cards right, so go ahead and make changes.

Virgo Take an interest in the world around you via travel or events. Expanding your interests and knowledge will lead to new friendships.

Libra When given an opportunity, discuss your concepts with someone you'd like to partner with. It will allow you to form a solid presentation.

Scorpio Don't waste your time worrying about what others are saying or doing. You have much more important things to focus on.

Sagittarius Good fortune is heading your way, and although changes in your finances are imminent, don't make the mistake of spending money.

Capricorn Personal issues will be on your mind, but legal, medical or financial matters must remain a priority. Negative repercussions are likely.

Aquarius It's possible that someone is trying to take advantage of you. Be extra cautious about what you say and to whom.

Pisces Make the most of business meetings. You can advance your career if you present your findings in a helpful manner. **EUGENIA LAST**

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easy

4			1		6			5
	9						3	1
	6			2				
6	1		7		5	2	9	
				3				
	8	7	6		2		4	3
				9			6	
1	2						8	
8			2		1			7

hard

	1	4	2	9			6	
	5		3	7		1		
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I DON'T REMEMBER MUCH. JUST THE DARKNESS. FLOATING.
A DREAM I COULDN'T WAKE UP FROM. OPEN EYES THAT SAW NOTHINGNESS.
I COULD REACH OUT, BUT THERE WAS NOTHING THERE TO FEEL.
UNTIL SUDDENLY, I HEARD VOICES. THEY GOT LOUDER AS I TRAVELED TOWARDS THEM.
1995.

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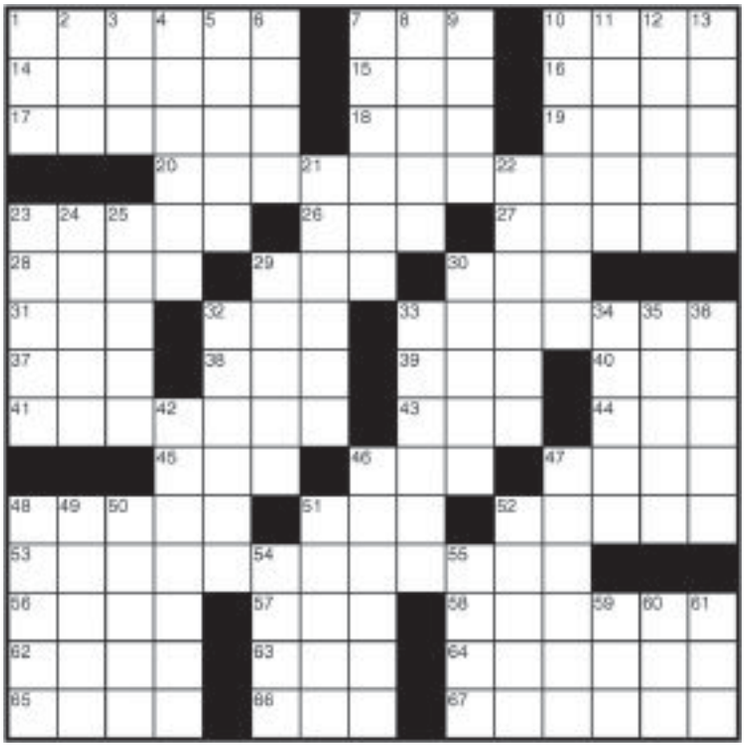

Across
1 Spot
7 Early hrs.
10 Hindu prince
14 Cry of warning
15 Mid-Atlantic st.
16 Jet, to a poet
17 Rubicon crosser
18 Ms. Hagen of films
19 Toe woe
20 Large butterflies
23 Windy day fliers
26 Prefix meaning "ear"
27 Kegler's locale
28 Carol
29 Deli units
30 Here, to Pierre
31 Cries of pain
32 Fishing float
33 Safe to drink
37 Checkbook amt.
38 Gladiator's hello
39 Numerical prefix
40 Crayon ingredient
41 Had a bite
43 Snapshot
44 Deadly reptile
45 Not 'neath
46 Mdse. bars
47 Not deceived by
48 Animal track
51 Tpk.
52 Copper and zinc
53 Reluctant to say
56 Pave the way
57 Boat implement
58 Ice hockey venues
62 Snake eyes
63 40-cup brewer
64 Ms. Trevor of film
65 Take a breather
66 Hairpin curve
67 Sheepdog

Across
1 Telly network
2 Grassy expanse
3 Feel grateful
4 Loafer doodad
5 Gullets
6 Jealous goddess
7 Men and women
8 Ditto (2 wds.)
9 Popular side dish
10 Crown and scepter
11 Simmering
12 10,000,000 ergs
13 Champing at the bit
21 Tossed slowly
22 Plan for achieving a desired end
23 Radio features
24 Keokuk native
25 Physicist Nikola –
29 "Dream —" (Bobby Darin tune)
30 Column order
32 Where bear claws are sold
33 Kind of government
34 Safari leader
35 Wears well
36 World fairs
42 Most refreshing
46 Traffic no-no's (hyph.)
47 Nightmare
48 Libel
49 Hippie greeting
50 Camel halts
51 Laughs heartily
52 "Uncle Miltie"
54 Wry face
55 Cabby
59 Touch of frost
60 Jackie's tycoon
61 Date regularly

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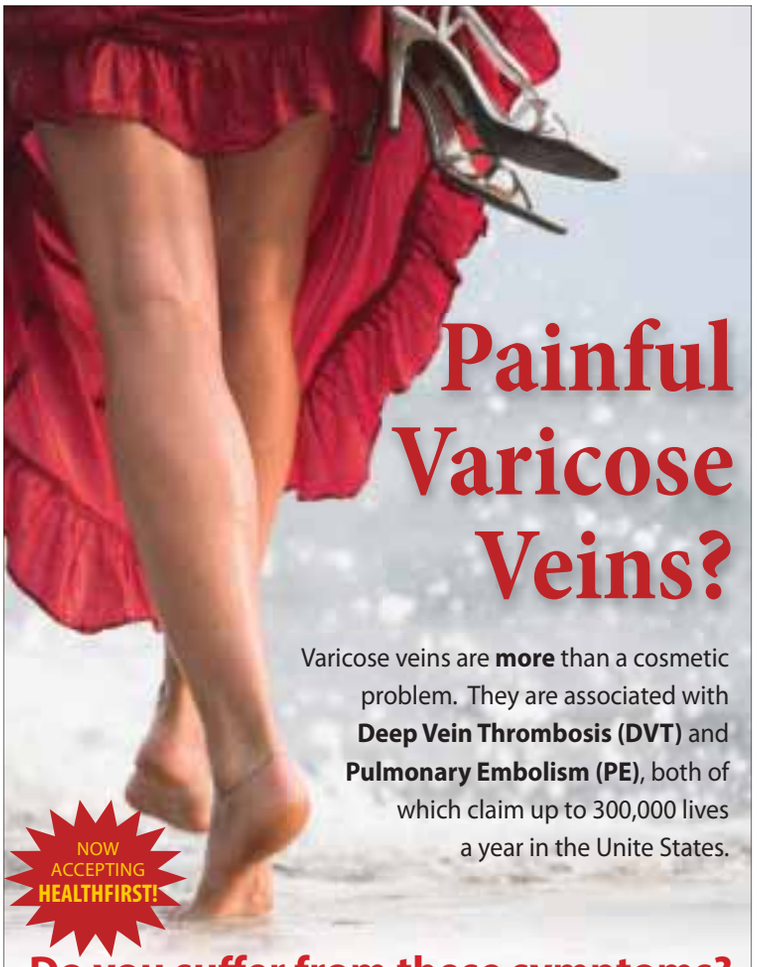
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His, hers, ours home

Moving in with a S.O. doesn't mean you have to give up playful decor. Here we round up some gender-neutral pieces you'll both love.

EMILY LAURENCE
@EmLaurence
emily.laurence@metro.us

It can be tricky going from living on your own to shacking up with a significant other. Alone, you have the freedom to decorate your home however you want. But chances are your partner might not be feeling a floral bedspread or pink shower curtain. We round up some vibrant pieces packed with personality that will make you both feel right at home.

It's totally possible to have heart accents without making your living room look frilly. Black, white and gold is bold, not cutesy. $20, Society6.com

New bedding is symbolic of starting a whole new chapter. $39-$69, West Elm

This wall hanging is a noncheesy way to display couple-y photos you have, and you can keep adding more as you create more memories. $29, Urban Outfitters

Keep the peace with a colorful shower curtain you can pull closed when someone forgets to clean the tub. $31.99, Allmodern.com

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Market watch

Priciest

$30M

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The most expensive property on the market this week is a condo in Tribeca, marketed by Douglas Elliman. This five-bedroom, six-bath penthouse features soaring ceilings, private rooftop pool, key-locked elevator entry, fully motorized shades, Crestron system, 24-hour attended lobby and private storage.

Cheapest

$335K

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The least expensive property to come onto the market this week is a co-op in Midtown West, marketed by Bond New York. This one-bedroom, one-bath unit has hardwood floors, windowed kitchen and easy access to transportation. It's an HDFC building with household income limits ($70,560 for one person; $80,640 for two and $90,720 for three). For primary residence only; no pieds-a-terre.

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StreetEasy

News

Liza Minnelli sells UES co-op

Unlike the Kit Kat Klub, this one's classy.

Actress, singer and Broadway legend Liza Minnelli sold her Imperial House co-op on the Upper East Side for $8.4 million, according to property records filed with the city.

Minnelli sold the 21st-floor apartment at 150 E. 69th St. to buyers Robert Beyer and Loren Pack, according to property records. The deal closed on Aug. 6. Legal representatives involved in the transaction could not be reached for comment. A spokesperson for Minnelli confirmed the deal. **Rey Mashayekhi**

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3 SPORTS

Division showdown

Mets wrap up vs. Nats

The Mets can continue their march to a NL East title by taking care of business against Stephen Strasburg and the second-place Nationals in the series' finale Wednesday at 7:05 in Washington. Jacob deGrom will get the nod for New York, fresh off back-to-back outings in which he went six innings and allowed five earned runs. For his career against the Nats he is 1-2 with a 3.47 ERA in four starts.

NFL power rankings | by Luke Miller

No. 1

Seahawks (12-4 in 2014)

Kam Chancellor's holdout is the only cloud hanging over Seattle. It's reached the point where Pete Carroll is openly addressing trade rumors. Rookie wideout Tyler Lockett's emergence adds another weapon to the passing game.

No. 2

Patriots (12-4)

Patriots nation is celebrating after a big victory in court against the NFL, and they have every right to be. While the team's playoff aspirations may never have been in doubt, getting Tom Brady back for those first four games makes home-field advantage a reasonable goal.

No. 3

Packers (12-4)

It's a testament to Aaron Rodgers that a player the caliber of Jordy Nelson can go down and we remain relatively unfazed about the prospects of the Packers' season. He's done it without Nelson before, and he can do it again.

No. 4

Colts (11-5)

The Colts have been hit hard with injuries, mainly on two positions: the defensive line, where they're struggling to find bodies, and running back, where Dan "Boom" Herron and Vick Ballard are hurt. Frank Gore looks good, but defense was already a question mark.

No. 5

Cowboys (12-4)

Even the fans furthest entrenched in the "anyone can run behind this line" mindset have to be a little concerned that Dallas is still looking for running backs by bringing in Seattle's Christine Michael. The loss of Orlando Scandrick in the secondary hurts too.

No. 6

Eagles (10-6)

Well, the jury is still out, but the Eagles sure didn't do anything to hurt themselves in the preseason. The offense looks like it might be a glass cannon, running roughshod over everyone they've faced so far but always dependent on the health of Sam Bradford and the offensive line.

No. 7

Chiefs (9-7)

If the Broncos slip, Kansas City is the team that stands to gain. The offense looks like a completely different animal with Jeremy Maclin and rookie Chris Conley in the building. Even if their undefeated preseason doesn't count, rest assured a wide receiver will catch a touchdown this season.

No. 8

Broncos (12-4)

The Broncos know their season will go as the offensive line and, by extension, Peyton Manning's health goes. To that end, they're trying to right the ship by signing Evan Mathis and focusing on the running game again this season.

No. 9

Cardinals (11-5)

The Cardinals are hoping they finally have the answer at running back in veteran Chris Johnson. CJ2K might be a long way removed from that 2K season, but he did average 4.3 yards per carry last year on a miserable Jets team. There may still be something left in the tank.

No. 10

Steelers (11-5)

When it rains it pours. Martavis Bryant is now set to miss the start of the season and center Maurkice Pouncey is injured. The Steelers have the quarterback they need to survive a couple of tough weeks, but they may no longer have the defense.

No. 11

Dolphins (8-8)

The trendy pick this season for a big step forward, the Dolphins have certainly been trending in the right direction. Suddenly possessed of a deep and growing receiving corps, the team is thinking DeVante Parker may be ready to play earlier than expected.

No. 12

Ravens (10-6)

The Eagles have gotten all the coverage, but there's been major turnover in Baltimore this offseason too. Less than half the roster remains from the team that lost to the Patriots in the playoffs. Doing it without Haloti Ngata will be tough, and rookie Breshad Perriman has to prove he can replace Torrey Smith.

No. 13

Vikings (7-9)

Teddy Bridgewater impressed as a rookie, and now he gets Adrian Peterson and Mike Wallace to work with. If they can sort out the offensive line in front, Minnesota should be a force to be reckoned with based solely on the strength of a fresh Peterson.

No. 14

Bengals (10-5-1)

The Bengals have become pretty deep on defense (as the release of Devon Still showed). If everything clicks, the Bengals and Andy Dalton could take that step we've all wondered about since the team gave him that huge contract.

US Open

Federer inching closer to sixth US Open title

Roger Federer continues to play some of his best tennis in recent memory. / GETTY IMAGES

Roger Federer hasn't been to a U.S. Open final since 2009, something he himself pointed out last month after beating world No. 1 Novak Djokovic to win the title in Cincinnati.

Now Federer is just two victories away from reaching another final — and three wins shy of capturing his sixth U.S. Open crown, his 18th major championship and his first Grand Slam title since the 2012 Wimbledon.

The way he's been playing, it certainly looks like the Swiss Maestro could add to his already historic résumé at the age of 34.

"He always moves well, he's pretty effortless out there," American John Isner said after Federer eliminated him, 7-6, 7-6, 7-5, Monday to advance to the quarterfinals. "He's so fluid in how he moves. I think that's the big reason why he's able to play at such a high level for such a long time and stay so healthy as well."

While his longtime rival Rafael Nadal (who was bounced in the third round by Italian Fabio Fognini) appears to be breaking down at age 29 because of his physical, grinding style of play, Federer looks like he's performing ballet on the tennis court at times.

The draw looks good for Federer, too. No. 6 seed Tomas Berdych and No. 3 Andy Murray — Federer's potential opponents in the quarters and semis — were ousted in the fourth round, leaving Federer to face Frenchman Richard Gasquet in the quarters Wednesday. Federer is 14-2 all-time against Gasquet, 8-0 on hard courts.

"Clearly I feel really good about my chances in the quarters now," Federer said.

In the semis, Federer could meet the winner between No. 5 Stan Wawrinka, his Swiss countryman and the reigning French Open champion, and big-serving 6-foot-8-inch South African Kevin Anderson, who stunned Murray in four sets.

Novak Djokovic, who was set to play his quarterfinal Tuesday night against Feliciano Lopez, could await in the final. **ADAM ZAGORIA**

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Jets' Henderson excited for season, another chance

NFL. After nearly seeing his NFL career dimish after bad decisions and addiction, Erin Henderson is grateful to be a Jet.

Erin Henderson could play a key role in the Jets' defense.
GETTY IMAGES

This time a year ago, Jets linebacker Erin Henderson's NFL career could have been over, ironically after a 2013 season where he was one of the best middle linebackers in the league. He had missed the entire 2014 season following his second DUI in the span of two months and it looked like he was toxic, a multiple offender and just another talented NFL player who wasn't going to pan out.

Now, he's on the Jets' 53-man roster and heading toward a prominent role with his new team.

Henderson just turned 29 this past summer, now more than a year removed from his latest issues with substance abuse. He ran into problems earlier in his NFL career that resulted in a suspension, and now after sitting out a year due to his latest indiscretions, he's back and determined to make a go of it.

Two years ago, his career was pointing up. It was the 2013 season where Henderson made a big splash in the league, then with the Minnesota Vikings, where he registered a career high in tackles, sacks and interceptions. Then it all went away in the blink of an eye, two offseason DUIs helped derail a career that seemed to be skyrocketing.

So even just a little thing such as making the roster of a team that was 4-12 a season ago is a big deal for Henderson, who almost lost his career last offseason.

"It's going to be a great feeling, it's going to be exciting, especially when you wonder if you're ever going to have that chance. It's going to be great to be out there, especially when you had a taste of it in preseason," he told Metro.

As for his recent knee injury suffered in the first game of preseason, Henderson said he is fine. On Monday, he did everything on the practice field and felt no limitations.

"I felt good out there, [I] did everything [Monday], so that's good. In my mind and I think the coaching staff's [and] training staff's, I'll be out there on Sunday." Henderson said.

KRISTIAN DYER
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NFL

Former Giant Sash dead at 27

Former Giants safety Tyler Sash is dead at the age of 27.

The death of Sash is under investigation, but foul play is not suspected, according to Iowa police.

Sash was a sixth round pick of the Giants in 2011 and helped the team win a Super Bowl in his rookie season.

Tyler Sash / GETTY IMAGES

"My prayers and condolences go out to @TSash family," Bears safety and former Giants teammate Antrel Rolle wrote on Twitter. "This is heartbreaking. Feels like I am dreaming. I am literally hurting right now."

Sash was suspended by the NFL for the first four games of the 2012 season for violating the league's PED policy. In 2014, Sash was arrested on charges of public intoxication in his hometown of Oskaloosa, Iowa, after leading police on a scooter chase.

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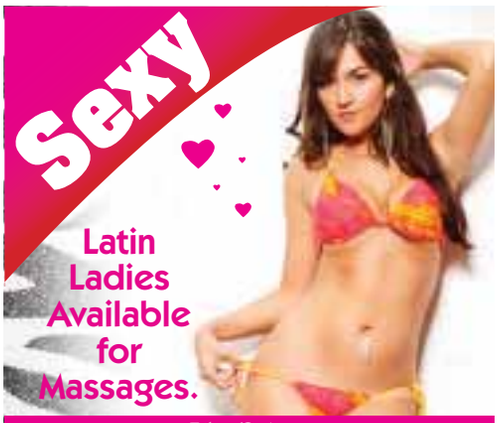

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LEGAL NOTICES

NOTICE OF FORMATION of Dean Street Society LLC. Articles of Organization filed with Secy. of State of NY (SSNY) on July 23, 2015. Office location: New York County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Hilary Rushford c/o Dean Street Society, 276 5th Ave., Suite 204, New York, NY 10001. Purpose: any lawful activity.

NOTICE OF FORMATION of Fortune LS LLC. Articles of Organization filed with the Secy. of State of New York (SSNY) on 05/20/2015. Office location: Queens County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 84-19 Jamaica Ave., Woodhaven, NY 11421. Purpose: any lawful activity.

NOTICE OF FORMATION of Chirpy LLC. Articles of Organization filed with the Secy. of State of New York (SSNY) on 5/28/2015. Office location: Queens County. SSNY is designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 63-153 Alderton Street, Rego Park, NY 11374. Purpose: any lawful activity.

NOTICE IS HEREBY GIVEN that a license, Serial # 1286700, for Liquor, Wine & Beer has been applied for by the undersigned to sell Liquor, Wine & Beer at retail under the Alcoholic Beverage Control Law at 416 Amsterdam Ave., New York, NY, New York County, for on premise consumption. LWB Hospitality Group LLC

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